







September Dinner Menu 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|---|--|--|---|
| <p><u>Week 1 — Alternates</u> Marinated Chicken ♥ Red or White Hot Dog Fruit Cup ♥ Baked Potato ♥ Chicken Salad Sandwich</p> | <p><u>Week 2 — Alternates</u> Marinated Chicken ♥ Hamburger/Cheeseburger Ham Salad Sandwich Baked Sweet Potato ♥ Fresh Vegetable Plate ♥</p> | | <p>1 Lentil Soup ♥ BBQ Chicken Breast ♥ Salmon Cake w/ Buttermilk Dressing Stuffed Pepper Pasta Salad Asparagus ♥ Seasoned Wax Beans Banana Cream Pie</p> | <p>2 Potato Chowder Taco Salad Coconut Chicken Breast Stuffed Shells Red Beans and Rice Peas ♥ Sliced Beets ♥ Cheesecake</p> | <p>3 New England Clam Chowder Beer Battered Haddock Maple Mustard Chicken Breast Macaroni and Cheese Tater Tots Coleslaw Green Beans ♥ Éclair</p>  | <p>4 Chicken Vegetable Soup ♥ Chicken Parmesan Pecan Pork Chop Cod with Cream Sauce Penne with Sauce Brussels Sprouts ♥ Creamed Corn ♥ Raspberry Pie</p> |
| <p>5 Ham and Bean Soup Pot Roast Honey Garlic Shrimp Ham and Swiss Quiche Mashed Potatoes Summer Squash Blend ♥ Carrot Raisin Salad Hot Fudge Sundae</p> | <p>6 Week 4 Hamburger or Cheeseburger Red or White Hot Dog Cold Plate w/cottage cheese, fruit, deviled egg Macaroni Salad Sweet Corn♥ Baked Beans Strawberry Frosted Brownie Watermelon Wedges</p> | <p>7 Vegetable Beef Soup Beef Stew ♥ with Biscuit Citrus Tarragon Salmon ♥ Broccoli Cheddar Quiche Mashed Sweet Potato Spinach ♥ Glazed Baby Carrots Orange Dream Angel Food Cake</p> | <p>8 Cream of Asparagus BBQ Ribs Chicken Tenders Lemon Garlic Haddock ♥ Potato Salad Corn on the Cob ♥ Seasoned Broccoli ♥ Peach Pie</p> | <p>9 Minestrone ♥ Julienne Salad Meatloaf Grilled Pork Chop ♥ Mashed Potatoes Homestyle Applesauce Brussels Sprouts German Chocolate Sheet Cake</p> | <p>10 Manhattan Clam Chowder Fried Haddock Ziti with Meat Sauce Turkey Burger Onion Rings Pineapple Coleslaw Asparagus ♥ Ice Cream Sandwich</p> | <p>11 Chicken Corn Chowder Turkey Breast ♥ w/ Gravy Crab Cakes Baked Ham Stuffing Butternut Squash ♥ Green Beans ♥ Chocolate Cream Pie</p> |
| <p>12 Turkey Rice ♥ Strip Steak Basil Shrimp Baked Cheese Lasagna Baked Potato Marinated Mushrooms Fresh Fruit Cup ♥ Strawberry Sundae</p>  | <p>13 Week 1 Tomato Beef Stroganoff with Noodles Bacon Cheddar Quiche Lemon Parsley Cod ♥ Brown Rice ♥ Cauliflower ♥ Seasoned Green Beans Tapioca Pudding</p> | <p>14 Italian Wedding Soup English Muffin Pizza Chicken Wings Beer Battered Shrimp Cottage Cheese Cold Plate ♥ Baked Beans Broccoli Salad Corn on the Cob ♥ Lemon Meringue Pie</p>  | <p>15 Lentil Soup Chicken Vegetable Casserole Marinated Pork Chop Beer Battered Shrimp Boiled Red Potatoes Sauerkraut Peas ♥ Strawberry Cheesecake</p> | <p>16 Broccoli Cheddar Soup Cubed Steak with Onion Gravy Turkey Club Wrap Beer Battered Clams Tuna Mac Salad Lima Beans ♥ Brussels Sprouts ♥ Boston Cream Pie</p> | <p>17 New England Clam Chowder Beer Battered Haddock Ham Steak Steamed Clams French Fries Coleslaw Baby Carrots ♥ Peanut Butter Pie</p> | <p>18 Beef and Rice Soup Spaghetti with Meatballs Eggplant Parmesan Fruit Plate w/ Chicken Breast ♥ Cheesy Garlic Bread Summer Squash Blend ♥ Sliced Pickled Beets Cream Puffs</p> |
| <p>19 Chicken Noodle Soup Turkey Divan Pot Roast with Gravy Baked Lemon Haddock Mashed Potatoes Swiss Veggie Casserole Cucumber Dill Salad Banana Split</p> | <p>20 Week 2 Crab Chowder Italian Sausage w/ Peppers&Onions Creamy Tuscan Chicken Thighs Mustard Glazed Salmon ♥ Salt Potatoes Corn on the Cob ♥ Green Beans ♥ Strawberry Cream Pie</p> | <p>21 Split Pea and Ham Soup Ginger Shrimp&Broccoli w/ Rice Orange Maple Chicken Breast ♥ Pepper Steak with Rice Egg Roll Asparagus Cauliflower Peach Cobbler</p> | <p>22 Beef and Bean Soup Lamb Chops Chicken and Biscuits Shrimp Cobb Salad Macaroni and Cheese Brussels Sprouts ♥ Summer Squash ♥ Chocolate Mousse</p> | <p>23 Cheeseburger Soup Dijon Pork Tenderloin ♥ Corn Beef Brisket Lasagna Stuffed Pepper Boiled Red Potatoes Steamed Cabbage ♥ Glazed Baby Carrots Ambrosia Salad</p> | <p>24 Manhattan Clam Chowder Cauliflower Quiche Sloppy Joe Baked Haddock Baked Potato Pineapple Cole Slaw Broccoli ♥ Root Beer Float</p>  | <p>25 Corn Chowder Glazed Baked Ham Coconut Shrimp Garlic Basil Chicken Breast ♥ Scalloped Potato Spinach ♥ Watermelon Wedges ♥ Coconut Cream Pie</p> |
| <p>26 Vegetable Soup Filet Mignon Italian Panko Baked Cod Sliced Turkey Breast♥ w/ gravy Rice Pilaf Green Bean Casserole Baby Carrots ♥ Caramel Pecan Sundae</p> | <p>27 Week 3 Tomato Soup Country Fried Steak Pulled Pork Sandwich Walnut Ginger Salmon ♥ German Potato Salad Cauliflower ♥ Stewed Tomatoes Butterscotch Pudding</p>  | <p>28 Chicken Barley & Mushroom Tuna Noodle Casserole Dijon Chicken Thighs Grilled Steak Salad Baked Sweet Potato ♥ Cottage Cheese w/ Pineapple Broccoli ♥ Oatmeal Cake</p>  | <p>29 Lentil Soup ♥ BBQ Chicken Breast ♥ Salmon Cake w/ Buttermilk Dressing Stuffed Pepper Pasta Salad Asparagus ♥ Seasoned Wax Beans Banana Cream Pie</p> | <p>30 Potato Chowder Taco Salad Coconut Chicken Breast Stuffed Shells Red Beans and Rice Peas ♥ Sliced Beets ♥ Cheesecake</p> | <p><u>Week 3 — Alternates</u> Marinated Chicken ♥ Red or White Hot Dog Fruit Cup ♥ Baked Potato ♥ Grilled Cheese Sandwich</p> | <p><u>Week 4 — Alternates</u> Marinated Chicken ♥ Hamburger or Swiss Burger Apples with Peanut Butter ♥ Baked Sweet Potato ♥ Seafood Salad Sandwich</p> |