








# June Dinner Menu 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><u>Week 1 — Alternates</u>  <b>Fresh Fruit Cup ♥</b>  <b>Baked Sweet Potato ♥</b>  <b>Egg and Olive Sandwich</b>  <b>Marinated Chicken ♥</b>  <b>Broccoli ♥</b>  <b>Apricots</b>  <b>Grapes ♥</b>  <b>Cottage Cheese</b></p>	<p><u>Week 2 — Alternates</u>  <b>Baked Potato ♥</b>  <b>Apple Slices w/ Peanut Butter</b>  <b>Seafood Salad Sandwich</b>  <b>Marinated Chicken ♥</b>  <b>Green Beans ♥</b>  <b>Mandarin Oranges</b>  <b>Grapes ♥</b>  <b>Cottage Cheese</b></p>	<p><b>1</b>            Chicken Vegetable ♥            Fruit Plate with Chicken Breast ♥            Hot Dog Grilled Cheese            Baked Pizza Wrap            Roasted Red Potatoes            Baby Carrots ♥            Mushroom Pea Casserole            Coconut Cream Pie</p>	<p><b>2</b>            Beef with Rice            Chef Salad            Seafood Mac and Cheese            Red Wine Braised Short Ribs            Rice Pilaf            Scalloped Com            Asparagus ♥            Apple Fritter Cake</p> 	<p><b>3</b>            New England Clam Chowder            Beer Battered Haddock            Apple Mustard Chicken            Marinated Pork Chop            Baked Beans            Coleslaw            Fresh Zucchini ♥            Angel Food Cake with Berries</p>	<p><b>4</b>            Cream of Mushroom            Chicken Stroganoff over Noodles            Cranberry Orange Meatballs            Parmesan Herb Salmon            Twice Baked Potato Casserole            Green Bean Almondine ♥            Peas ♥            Peach Pie</p>
<p><b>5</b>            Lobster Bisque            Pot Roast            Manicotti            Ham with Raisin Sauce            Mashed Potatoes            Mixed Fruit            Butternut Squash            Banana Split</p> 	<p><b>6 Week 4</b>            Turkey Noodle            Maple Mustard Chicken Breast            Philly Cheese Steak Sandwich            Molasses Soy Glazed Salmon            Sweet Potato Fries            Brussels Sprouts ♥            Cauliflower ♥            Butterscotch Pudding</p>	<p><b>7</b>            Kielbasa, Com &amp; Potato            Roast Pork w/ Sauerkraut            Chicken Noodle Casserole            Spanish Rice with Meat            Baked Beans            Peas ♥            Homestyle Applesauce            Banana Pecan Cake</p>	<p><b>8</b>            Potato Chowder            Comed Beef            Spinach Salad            BBQ Seasoned Shrimp            Boiled Potatoes            Baby Carrots ♥            Steamed Cabbage ♥            Cream Puff</p>	<p><b>9</b>            Vegetable Beef            Bacon Cheddar Angus Burger            Baked Cod            Hot Turkey Sandwich            French Fries            Broccoli ♥            Tomato Cucumber Salad ♥            Lemon Cream Pie</p> 	<p><b>10</b>            Manhattan Clam Chowder            Fried Haddock Sandwich            Beef Burgundy over Brown Rice            Cauliflower Quiche            Baked Sweet Potato ♥            Coleslaw            Green Beans ♥            Cherry Crisp</p>	<p><b>11</b>            Split Pea            Seafood Newburg            Eggplant Parmesan            Grilled Pork Chop            Buttered Noodles            Peas ♥            Com on the Cob ♥            Blueberry Pie</p> 
<p><b>12</b>            Tomato Soup            Salisbury Steak with Gravy            Crab Cakes            Honey Butter Chicken Thighs            Broccoli Cheddar Potato            Asparagus            Hubbard Squash            Strawberry Sundae</p> 	<p><b>13 Week 1</b>            Com Chowder            Apple Kielbasa            Coconut Shrimp            Broccoli Cheddar Quiche            Mac Salad            Sauerkraut            Green Beans ♥            Tapioca Pudding</p>	<p><b>14</b>            Ham and Bean            Stuffed Pepper            Chicken Parmesan            Lobster Ravioli w/ Garlic Butter            Angel Hair with Sauce            Roasted Veggie Mix            Spinach ♥            Pineapple Upside Down Cake</p>	<p><b>15</b>            Chicken Noodle ♥            BBQ Chicken Thighs            Red/White Philly Hot Dog            Beer Battered Shrimp            Salt Potatoes            Broccoli Salad            Stewed Tomatoes            Strawberry Rhubarb Pie</p>	<p><b>16</b>            Crab Chowder            Cheddar Pork Chops            Taco Salad            Stuffed Shells            Seasoned Brown Rice ♥            Creamed Corn            Baby Carrots ♥            Chunky Monkey Brownie</p>	<p><b>17</b>            New England Clam Chowder            Baked Haddock            Country Fried Steak w/ Gravy            Citrus Marinated Chicken ♥            Baked Potato            Coleslaw            Peas ♥            Chocolate Angel Food Cake</p>	<p><b>18</b>            Italian Wedding            Chicken Cordon Bleu Casserole            Citrus Molasses Glazed Ham            Pecan Crusted Salmon            Scalloped Potatoes            Ambrosia Salad            Sliced Beets            Crème Brulé Cheesecake</p>
<p><b>19</b>            FATHERS DAY</p>	<p><b>20 Week 2</b>            Cream of Asparagus            Pulled Pork Sandwich            Beef Stew with Biscuit            Lemon Lime Salmon ♥            Mac and Cheese            Wax Beans ♥            Carrot Raisin Salad            Cream Cheese Pound Cake</p>	<p><b>21</b>            Chicken Barely Mushroom            Dijon Peach Pork Chop            Chicken Caesar Salad            Herbed Scallops            Texas Pecan Brown Rice            Summer Squash            Peas ♥            Mini Blueberry Cheesecake</p>	<p><b>22</b>            Beef Chili            BBQ Ribs            Chicken Tenders            Cottage Cheese Cold Plate            Potato Salad            Asparagus ♥            Com on the Cob ♥            Carrot Cake</p>	<p><b>23</b>            Egg Drop            Pineapple Teriyaki Meatballs w/ Rice            Oriental Chicken Mandarin Salad            Vegetable Lo Mein            Egg Roll            Sticky Sesame Cauliflower            Brussels Sprouts ♥            Strawberry Upside Down Cake</p>	<p><b>24</b>            Manhattan Clam Chowder            Peanut Chicken            Meatloaf            Fried Haddock            Mashed Potatoes            Coleslaw            Baby Carrots ♥            Black Forest Texas Sheet Cake</p> 	<p><b>25</b>            Tomato Soup            Ziti with Meatballs            Italian Sausage Pattie w/ Peppers/Onions            Spinach Quiche            Tater Tots            Broccoli ♥            Waldorf Salad            Lemon Meringue Pie</p>
<p><b>26</b>            Minestrone            Cheese Tortellini Primavera            Apple Cheddar Turkey Burger            Roast Pork with Gravy            Baked Sweet Potato ♥            Swiss Veggie Casserole            Pickled Beets            Hot Fudge Sundae</p>	<p><b>27 Week 3</b>            Broccoli Cheddar            Sloppy Joe            Swiss Chicken Casserole            Italian Marinated Shrimp            Onion Rings            Cauliflower ♥            Three Bean Salad            French Silk Brownie</p>	<p><b>28</b>            Lentil            Baked Meat Lasagna            Crab Quiche            Chicken Broccoli Alfredo            Cheesy Garlic Bread            Spinach ♥            Broccoli ♥            Spice Cake with Cream Cheese Frosting</p> 	<p><b>29</b>            Chicken Vegetable ♥            Fruit Plate with Chicken Breast ♥            Hot Dog Grilled Cheese            Baked Pizza Wrap            Roasted Red Potatoes            Baby Carrots ♥            Mushroom Pea Casserole            Coconut Cream Pie</p>	<p><b>30</b>            Beef with Rice            Chef Salad            Seafood Mac and Cheese            Red Wine Braised Short Ribs            Rice Pilaf            Scalloped Com            Asparagus ♥            Apple Fritter Cake</p>	<p><u>Week 3 — Alternates</u>  <b>Fresh Fruit and Cheese Plate</b>  <b>Baked Sweet Potato ♥</b>  <b>Marinated Chicken ♥</b>  <b>Chicken Salad Croissant</b>  <b>Raw Veggie Sticks ♥</b>  <b>Peaches</b>  <b>Grapes ♥</b>  <b>Cottage Cheese</b></p>	<p><u>Week 4 — Alternates</u>  <b>Celery Sticks w/ Peanut Butter</b>  <b>Baked Potato ♥</b>  <b>Marinated Chicken ♥</b>  <b>Tuna Sandwich</b>  <b>Seasoned Wax Beans ♥</b>  <b>Applesauce</b>  <b>Grapes ♥</b>  <b>Cottage Cheese</b></p>