








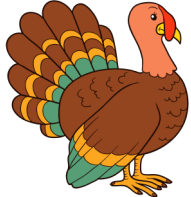


Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Happy Birthday To...</b>  <b>1st-Dianne P</b>  <b>2nd-Mac Q</b>  <b>5th-Don S</b>  <b>13th-Jim T</b>  <b>18th-Linda Q</b></p> 		<p><i>Activities Done By Activities Coordinator, Ashton Place Staff, or as Marked.</i></p> <p><i>Activities Director-Amy Donk 315-462-7058</i></p>	<p><b>1</b>            Exercise Class -RL  <b>10:00A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b>  <b>11:00 Manicures-CR</b>  <b>1:00 Kickball-RL</b>  <b>2:00 Betty Crocker Hour-CR</b>            "Pumpkin Cake Cookies"</p>	<p><b>2</b>            Exercise Class-RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b></p> <p><b>OUTING DAY!</b>  <b>11:00 Lunch Outing To The Olive Garden-Sign Up!</b></p>	<p><b>3</b>  <b>8:00-10:00 -Local Shopping!</b>  <b>9:00 Catholic Mass-RL</b>            Exercise Class -RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b>  <b>2:00 Afternoon Music with New Reflections-1F</b></p> 	<p><b>4</b>  <b>10:00</b> Exercise Video -Channel 94   <b>10:15</b> Church Service with Dr. Jasper-RL   <b>2:00</b> Saturday Matinee-RL "From The Vine"</p>
<p><b>5</b>  <b>10:00</b> Exercise Class Video -Resident Lounge   <b>1:00</b> Kickball with Ellen-RL   <b>8:20</b> Bills vs. Bengals Game</p>	<p><b>6</b>            Exercise Class-RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b>  <b>11:00</b> Family Dollar Shopping Trip  <b>2:00</b> Millionaire Game-RL  <b>2:30</b> Arts and Crafts-CR "Fall Puzzle Tree"</p>	<p><b>7 Voting Day!</b>  <b>8:00-10:00</b>-Voting Time-Lobby            Exercise Class -RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b>  <b>11:00</b> UNO Game-CR  <b>1:00</b> Library Book Exchange-CB  <b>2:00</b> Bingo-CR  <b>3:00</b> Kevin's Annual Meeting-RL</p>	<p><b>8</b>  <b>9:00</b> Blood Pressure Checks -RL By Finger Lakes Ambulance            Exercise Class-RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b>  <b>11:00</b> Racko Game-CR  <b>1:00</b> Volleyball-RL  <b>2:00</b> National Cappuccino Day-CB</p>	<p><b>9</b>            Exercise Class -RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b></p> <p><b>OUTING DAY!</b>  <b>11:00</b> Lunch Outing To The Local Palate-Sign Up!  <b>1:30</b> Sauder's Shopping</p>	<p><b>10</b>  <b>8:00-10:00 -Local Shopping!</b>            Exercise Class-RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b>  <b>2:00</b> Afternoon Music with Tom Dunn-1F</p>	<p><b>11</b>  <b>10:00</b> Exercise Video -Channel 94   <b>10:15</b> Church Service with Dr. Jasper-RL   <b>1:30</b> National Sundae Day-CB</p>
<p><b>12</b>  <b>10:00</b> Exercise Class Video -Resident Lounge   <b>2:00</b> Music Show-RL "Dolly Parton &amp; Porter Wagoner"</p>	<p><b>13</b>            Exercise Class -RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b>  <b>11:00</b> Rummikub Game-CR  <b>1:00</b> Sorry Game-CR  <b>2:00</b> Thanksgiving Thoughts-RL  <b>3:00</b> All About Enriched Living-RL Questions &amp; Answers with Kevin</p>	<p><b>14</b>            Exercise Class -RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b>  <b>2:00</b> Bingo-CR  <b>3:00</b> 5 Crowns Card Game-CR</p>	<p><b>15</b>            Exercise Class -RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b>  <b>11:00</b> Manicures-CR  <b>2:00</b> 25th Anniversary Party!-1F</p> <p>Anniversary Dinner!-Dinner Times</p>	<p><b>16</b>            Exercise Class -RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b></p> <p><b>OUTING DAY!</b>  <b>1:00</b> Wal-Mart Shopping Trip -Sign Up!</p>	<p><b>17</b>  <b>8:00-10:00 -Local Shopping!</b>            Exercise Class-RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b></p> <p><b>2:00</b> Afternoon Music with Joe Miltich-1F</p> 	<p><b>18</b>  <b>10:00</b> Exercise Video -Channel 94   <b>10:15</b> Church Service with Dr. Jasper-RL   <b>2:00</b> Saturday Matinee-RL "A Million Miles Away"</p>
<p><b>19</b>  <b>10:00</b> Exercise Class Video -Resident Lounge   <b>1:00</b> Volleyball with Ellen-RL   <b>4:25</b> Sunday Football Social-RL Bills vs. Jets Game</p>	<p><b>20</b>            Exercise Class -RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b>  <b>11:00</b> Farkel Dice Game-CR  <b>1:00</b> Sequence Game-CR  <b>2:00</b> Betty Crocker Hour-CR "National Gingerbread Cookie Day"  <b>3:00</b> Music with Jennifer-RL</p>	<p><b>21</b>            Exercise Class -RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b>  <b>11:00</b> Uno Game-CR  <b>1:00</b> Library Book Exchange-CB  <b>2:00</b> Bingo-CR  <b>3:00</b> 5 Crowns Card Game-CR</p>	<p><b>22</b>  <b>9:00</b> Blood Pressure Checks -RL By Finger Lakes Ambulance            Exercise Class -RL  <b>10:00A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b>  <b>11:00</b> Racko Game-CR  <b>1:00</b> Kickball-RL</p> 	<p><b>23</b>    <b>9:00</b> Thanksgiving Day Parade            Exercise Class -RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b>  <b>4:30</b> Football Social-RL Cowboys vs. Commanders "Snacks, Friends, Fun!"</p>	<p><b>24</b>  <b>8:00-10:00 -Local Shopping!</b>            Exercise Class-RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b>  <b>2:00</b> Afternoon Piano Music with Jon Vona-1F  <b>3:00</b> Happy Hour-1st Floor</p> 	<p><b>25</b>  <b>10:00</b> Exercise Video -Channel 94   <b>10:15</b> Church Service with Dr. Jasper-RL   <b>1:30</b> National Cake Day Fun! With Jasmine -Coffee Bar</p>
<p><b>26</b>  <b>10:00</b> Exercise Class Video -Resident Lounge   <b>2:00</b> Christmas In London Orchestra Music Show-RL   <b>4:25</b> Sunday Football Social-RL Bills vs Eagles</p>	<p><b>27</b>            Exercise Class -RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b>  <b>11:00</b> Rummikub Game-CR  <b>1:30</b> Resident Meeting-DR  <b>2:30</b> Monthly Birthday Party-RL</p> 	<p><b>28</b>            Exercise Class -RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b>  <b>2:00</b> Bingo-CR  <b>3:00</b> 5 Crowns Card Game-CR</p>	<p><b>29 Christmas Kickoff Day!</b>            *Wear Your Christmas Colors*             Exercise Class -RL  <b>10:00A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b>  <b>1:00</b> Volleyball-RL  <b>2:00</b> Christmas Tree Decorating Party-1st Floor</p> 	<p><b>30</b>            Exercise Class -RL  <b>10:00 A &amp; B Wing</b>  <b>10:30 C &amp; D Wing</b>  <b>2:00</b> Thanks For The Memories Musical Memory Show!-1st Floor (With Joe Trionfero)</p>		<p><b>Location Key:</b>            RL-Resident Lounge            CR-Craft Room            CB-Coffee Bar            1F-1st Floor Lobby            2F-2nd Floor Lobby            DR-Dining Room            BP-Back Patio</p>