

## July 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Happy Birthday To 2nd-Jim Tr. 4th-Shirley F. 4th-Lucille S. 23rd-Freddy S. 28th-Marilyn S.	I Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Family Dollar Shopping! 2:00 Scattegories-Back Patio	2 Exercise Class -RL 9:00 A & B Wing 9:30 C & D Wing 10:00 YMCA Kids!-BP Craft Fun With The Kids 11:00 UNO Game-CR 1:00 Library Book Exchange-CB 2:00 Bingo-CR 3:00 5 Crowns Card Game-CR	9:00 Blood Pressure Checks –CB By Finger Lakes Ambulance Exercise Class–RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Racko-2F Table 1:00 Volleyball-RL 2:00 Patio Social-BP 2:30 Cornhole-BP 7:00 Campfire Fun with Tanya-BP	Exercise Class – RL  10:00 A & B Wing  10:30 C & D Wing  3:00 Patriotic Party-Back Patio  6:00 4th Of July Video-RL	5 8:00-10:00 -Local Shopping! 9:00 Catholic Mass with Father Amato-RL Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 2:00 Afternoon Music With New Refelections-1F	6 10:00 Exercise Video Coffee Bar Area Channel 94 by RSA 10:15 Church Service with Dr. Jasper 2:30 Afternoon Kickball-RL (with PCA)
7 10:00 Exercise Class Video -Coffee Bar Area or Channel 94 -by RSA 2:30 Strawberry Sundae Day! -Back Patio (with PCA)	8 Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Rummikub-2F Table 1:00 Qwixx Game-CR 1:30 National Freezer Pop Day-BP 2:00 All About Blueberries-CR 2:30 Betty Crocker-CR "Blueberry Dessert"	9 Exercise Class -RL 9:00 A & B Wing 9:30 C & D Wing 10:00 YMCA Kids!-BP "Fruit Kabobs" 11:00 Pizza Picnie!-Sign Up 2:00 Bingo-CR 3:00 5 Crowns Card Game-CR	Exercise Class—RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Skip Bo-2F Table 1:00 Kickball-RL 2:00 Patio Social-BP Pineapple Party-"Pina Colada" 2:30 Cornhole-BP	11 Exercise Class –RL 10:00 A & B Wing 10:30 C & D Wing OUTING DAY! -Meet In Lobby 11:00 Fox Run lunch Outing!	8:00-10:00 -Local Shopping! Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 2:00 Afternoon Music with Tom Dunn-2F	13 10:00 Exercise Video -Coffee Bar Area Channel 94 by RSA 10:15 Church Service with Dr. Jasper-RL 2:00 Saturday Matinee-RL "Barbershop Music Video"
10:00 Exercise Class Video -Coffee Bar Area or Channel 94 -by RSA 2:30 Afternoon Kickball-CR with PCA	Exercise Class -RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Hearing Center-CR 1:00 Farkel Game-CR 2:00 Blank Slate Game-CR 2:30 Golf Challenge-RL	16 Exercise Class -RL 9:00 A & B Wing 9:30 C & D Wing 10:00 YMCA Kids!-BP "Games" 11:00 UNO Game-CR 1:00 Library Book Exchange-CB 2:00 Bingo-CR 3:00 5 Crowns Card Game-CR	17 Waffle Wednesday! 9:00 Blood Pressure Checks – CB By Finger Lakes Ambulance Exercise Class – RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Racko-2F Table 1:00 Volleyball-CR 2:00 Patio Social-BP 2:30 Cornhole Game-BP	18 Exercise Class –RL 10:00 A & B Wing 10:30 C & D Wing  OUTING DAY! -Meet In Lobby 12:00 Wal-Mart Shopping Trip -Sign Up!	19 Flamingo Friday! 8:00-10:00 -Local Shopping! Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 2:00 Afternoon Music with Kim & Tim1F And Flamingo Fun!	20 10:00 Exercise Video -Coffee Bar Area Channel 94 by RSA 10:15 Church Service with Dr. Jasper-RL 2:30 Afternoon Bingo-CR (with PCA)
21  10:00 Exercise Class Video -Coffee Bar Area or Channel 94 by RSA 2:30 National Ice Cream Mini Sundae Day!-BP (with PCA)	22 Exercise Class -RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Rummikub-2F Table 1:00 Sequence Game-CR 2:00 Balloon Bop-RL 2:30 National Self Care Day Fun!-CR	23 Exercise Class –RL 9:00 A & B Wing 9:30 C & D Wing 10:00 YMCA Kids-BP "Games" 11:00 KFC Picnic Lunch Outing! 2:00 Bingo-CR 3:00 5 Crowns Card Game-CR	24 Exercise Class –RL 10:00A & B Wing 10:30 C & D Wing 11:00 Skip Bo Game-CR 1:00 Kickball-RL 2:00 Patio Social-BP "Ice Cream Cone Day" 2:30 Cornhole-BP	25 Exercise Class -RL 10:00 A & B Wing 10:30 C & D Wing Family Picnic!!!!! 4:30pm Back Patio & Dining Area Food, Family, Fun, Music!!!	26 8:00-10:00 -Local Shopping! Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 1:00 Brews & Tattoos-1F 2:00 Afternoon Music With UKE Nuts-1F	27 10:00 Exercise Video -Coffee Bar Area Channel 94 by RSA 10:15 Church Service with Dr. Jasper-RL 2:00 Saturday Matinee-RL Saturday Matinee-RL "The Great Imposter"
28 10:00 Exercise Class Video -Coffee Bar Area or Channel 94 by RSA 2:30 Patio Social-Back Patio	29 Exercise Class -RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Sorry Game-2F table 1:30 Monthly Resident Meeting-DR 2:30 July Birthday Party-RL	30 Exercise Class -RL 9:00 A & B Wing 9:30 C & D Wing 10:00 YMCA Kids!-BP "Reading Day" 2:00 Bingo-CR 3:00 5 Crowns-CR	31 9:00 Blood Pressure Checks –CB By Finger Lakes Ambulance Exercise Class –RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Racko Game-2F Table 1:00 Volleyball-RL 2:00 Patio Social-BP "Ice Cream Soda" 2:30 Cornhole Game-BP		Location Key:  RL-Resident Lounge CR-Craft Room CB-Coffee Bar IF-1st Floor Lobby 2F-2nd Floor Lobby DR-Dining Room BP-Back Patio	Activities Done By Activities Coordinator, Ashton Place Staff, PCA-Personal Care Aid or RSA-Resident Service Assistant Activities Director-Amy Donk 315-462-7058

2:30 Cornhole Game-BP 7:00 Campfire Fun!-BP