

July 2024

Dinner

Please notify us of any food allergies.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1	2	3	4	5	6
Week 1 Alternates: Marinated Chicken Cheddar Bacon Egg Salad Fresh Fruit Cup Grapes Cottage Cheese SF Red Jello Baked Sweet Potato	Entrees: WEEK 2 Chicken & Biscuits Parmesan Crusted Tilapia Sides: Maple Walnut Sweet Potato Steamed Spinach Rainbow Cauliflower Dessert: Éclair	Entrees: Taco Salad w/chips Chicken Fajita Casserole Sides: Brown Rice & Red Beans Confetti Corn Broccoli Salad Dessert: Ambrosia Salad	Entrees: Beef Goulash Grilled Kielbasa Sides: Potato Salad Green Beans w/tomatoes Watermelon Wedges Dessert: Banana's Foster Pie	Happy Independence Day! Please see the holiday menu for details. (Served at lunch time)	Entrees: Beer Battered Haddock Baked Stuffed Shells Sides: Peach Cornbread Muffin Colonel's Coleslaw Steamed Summer Squash Dessert: Turtle Brownie	Entrees: Baked Ham w/Pineapple Sauce Braised Chicken Thighs w/gravy Sides: Scalloped Potatoes (no onion) Honey Lemon Asparagus Waldorf (Apple) Salad Dessert: Vanilla Pudding
7	8	9	10	11	12	13
Entrees: Beef Filet Mignon Hush Puppy Battered Shrimp Sides: Warm Garlic Bread Wax Beans w/garlic & Basil Steamed Brussel Sprouts Dessert: Crème De Menthe Sundae	Entrees: WEEK 3 Grilled Hot Dog w/Chili Sauce Chicen Cordon Blue Salad Cold Plate Sides: French Fries Fresh Fruit Cup Corn on the Cob Dessert: Lemon Italian Crm Cake	Entrees: Caeser Salmon w/tomato Eggplant Parmesan Casserole Sides: Baked Ziti Roasted Cauliflower w/onion Steamed Asparagus Dessert: Cherry Crisp	Entrees: Chicken Meatballs w/sauce Salisbury Steak w/Gravy Sides: Buttered Noodles Wax Beans in Bacon Vinaigrette Steamed Seasoned Broccoli Dessert: Strawberry Rhubarb Pie	Entrees: Strawberry Spinach Salad w/chicken Beaded Baked Pork Chop Sides: Salt Potatoes Steamed Peas & Onions Pickled Sliced Beets Dessert: Cinnamon Roll Cake	Entrees: Baked Lemon Haddock Western Omelet Quiche Sides: Garlic Parmesan Rice Cranberry Apple Coleslaw Citrus Glazed Carrots Dessert: Chocolate PB Brownie	Entrees: Pot Roast w/gravy Cheese Lasagna Sides: Fresh Mashed Potatoes Balsamic Glazed Zucchini Shredded Brussel Sprouts Dessert: Manhattan Cheesecake
14	15	16	17	18	19	20
Entrees: Roast Turkey Breast w/gravy Bottom Round Swiss Steak Sides: Country Bread Stuffing Green Bean Casserole Cinn. Br. Sugar Butternut Squash Dessert: Root Beer Float	Entrees: WEEK 4 Baked Cod Filet Maple Bacon Quiche Sides: Van. Honey Rst Sweet Potatoes Harvard Beets Steamed Rainbow Cauliflower Dessert: German Chocolate Cake	Entrees: Turkey Burger w/Peach Mayo Wine Braised Short Ribs w/Gravy Sides: Boiled Red Potatoes Steamed Spinach Fresh Mixed Berries Dessert: Pineapple Upsidedown cake	Entrees: Bloody Mary Chicken Wings Hot Rst Pork Sandwich w/Gravy Sides: BLT Macaroni Salad Raw Vegetables Plate Steamed Seasoned Broccoli Dessert: Lemon Meringue Pie	Entrees: Grilled Sesame Chicken Sweat & Sour Meatballs Sides: Fried Rice Steamed Green Beans Asian Carrot Cucumber Salad Dessert: Old Fashion Raisin Cake	Entrees: Fried Breaded Haddock Spanish Rice w/ ground Beef Sides: Blueberry Corn Muffin Classic Ashton Coleslaw Steamed Brussel Sprouts Dessert: Cream Cheese Brownie	Entrees: Buttery Baked Scallops Spaghetti w/sausage marianra Sides: Warm Italian Bread Summer Squash Blend Herbed Buttered Kernal Corn Dessert: Tapioca Pudding
21	22	23	24	25	26	27
Entrees: NY Strip Steak Salmon w/ Roasted Red pepper cream sauce Sides: Onion Rings Pea Salad w/egg & bacon Baby Bella Mushrooms w/ onion Dessert: Strawberry Sundae	Entrees: WEEK 1 Tuna Noodle Casserole Grilled Pineapple Chicken Breast Sides: Wheat Breadstick Cinna-brown Carrots Diced Beets Dessert: Chocolate PB Cake	Entrees: Glazed Turkey Meatloaf Beef Stew w/Biscuit Sides: Mashed Potatoes Cucumber Tomato Salad Buttered Peas & Onions Dessert: Fruited Jello Salad	Entrees: Marinated Grilled Pork Chops Salmon w/Strawberry Basil Relish Sides: Lemon Rice Pilaf Homestyle Applesauce Corn on the cob Dessert: Blueberry Pie	Resident Family Picnic! Please see our special menu for details.	Entrees: Baked Haddock Almondine Broccoli Cheddar Quiche Sides: Boiled Red Potatoes Ranch Coleslaw Marinated Brussel Sprouts Dessert: Strawberry Brownie	Entrees: Veal Parmesan Chicken Cacciatore Sides: Angel Hair w/marinara Steamed Wax Beans Swiss Vegetable Casserole Dessert: Cinn. Roll Cheesecake
28	29	30	31	1	2	3
Entrees: Roast Pork w/gravy Honey Garlic Shrimp Sides: Oven Fried Potatoes & Onion Braised Red Cabbage w/ Apple Steamed Green Beans Dessert: Hot Fudge Sundae	Entrees: WEEK 2 Chicken & Biscuits Parmesan Crusted Tilapia Sides: Maple Walnut Sweet Potato Steamed Spinach Rainbow Cauliflower Dessert: Éclair	Entrees: Taco Salad w/chips Chicken Fajita Casserole Sides: Brown Rice & Red Beans Confetti Corn Broccoli Salad Dessert: Ambrosia Salad	Entrees: Beef Goulash BBQ Pork Ribs Sides: Potato Salad Green Beans w/tomatoes Watermelon Wedges Dessert: Banana's Foster Pie	Week 2 Alternates: Marinated Chicken Bologna & Cheese Sandwich Pears Grapes Cottage Cheese SF Chocolate Pudding Baked Potato	Week 3 Alternates: Marinated Chicken Ham Salad on Lettuce Mandarin Oranges Grapes Cottage Cheese SF Red Pudding Baked Sweet Potato	Week 4 Alternates: Marinated Chicken Tuna Salad on Lettuce Applesauce Grapes Cottage Cheese SF Chocolate Pudding Baked Potato