

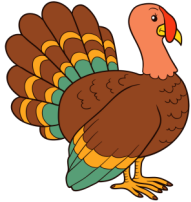
















Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Happy Birthday To... <i>1st-Dianne P.</i> <i>2nd-Mac Q.</i> <i>3rd-Matt F.</i> <i>5th-Don S.</i> <i>13th-Jim To</i> <i>18th-Linda Q.</i></p> 	<p><i>Activities Done By Activities Coordinator, Ashton Place Staff, PCA-Personal Care Aid or RSA-Resident Service Assistant</i></p> <p><i>Activities Director-Amy Donk</i> 315-462-7058</p>		<p><i>Location Key:</i> RL-Resident Lounge CR-Craft Room CB-Coffee Bar 1F-1st Floor Lobby 2F-2nd Floor Lobby DR-Dining Room BP-Back Patio</p>		<p>1</p> <p>Jersey Day! 8:00-10:00 –Local Shopping! Exercise Class–RL 10:00 A & B Wing 10:30 C & D Wing 2:00 Afternoon Music with Larry Serafini-1F</p>	<p>2</p> <p>10:00 Exercise Video Coffee Bar Area Channel 94 by RSA 10:15 Church Service with Dr. Jasper 10:45 Warfield’s Brunch Outing-Sign Up! 2:30 Cappuccino Cart-CB (With PCA)</p>
<p>3</p> <p>10:00 Exercise Class Video -Coffee Bar Area or Channel 94 -by RSA</p> <p>1:00 Football Social Bills vs. Dolphins-RL (On CBS) (with PCA)</p>	<p>4</p> <p>Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Family Dollar Shopping Trip!-Sign Up Ashton Place Annual Review-RL 2:00-Downstairs Residents 3:00-Upsatirs Residents</p>	<p>5</p> <p>8:00-11:00 Voting at C.S.F.D. Meet In Lobby Exercise Class -RL 9:00 A & B Wing 9:30 C & D Wing 10:00 National Donut Day Social-CB 1:00 Library Book Exchange-CB 2:00 Bingo-CR</p>	<p>6</p> <p>Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Racko-2F Table 1:00 Volleyball-RL 2:00 Arts and Crafts-CR “Pumpkin Craft”</p>  	<p>7</p> <p>Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing OUTING DAY! -Meet In Lobby 11:00 Cracker Barrel Lunch And Shopping!</p>	<p>8</p> <p>8:00-10:00 –Local Shopping! Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 2:00 Afternoon Music With Tom Dunn-1F</p> 	<p>9</p> <p>10:00 Exercise Video -Coffee Bar Area Channel 94 by RSA 10:15 Church Service with Dr. Jasper-RL 2:00 Saturday Matinee-RL</p>
<p>10</p> <p>10:00 Exercise Class Video -Coffee Bar Area or Channel 94 -by RSA</p> <p>1:00 Football Social Bills vs. Colts-RL (On CBS) (with PCA)</p> 	<p>11</p> <p>Exercise Class -RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Rummikub-2F Table 2:00 National Sundae Day-CB “COME ENJOY A SUNDAE”</p> 	<p>12</p> <p>Exercise Class -RL 10:00 A & B Wing 10:30 C & D Wing 11:00 UNO Card Game-CR 11:30 National Pizza Day-DR Pizza Lunch For All 2:00 Bingo-CR 3:00 5 Crowns Card Game-CR</p>	<p>13</p> <p>9:00 Blood Pressure Checks –CB By Finger Lakes Ambulance Exercise Class –RL 10:00 A & B Wing 10:30 C & D Wing 11:00 SkipBo-2F Table 1:00 Kickball-CR 2:00 Betty Crocker Hour-CR Pumpkin Dessert”</p> 	<p>14</p> <p>Exercise Class –RL 10:00 A & B Wing 10:30 C & D Wing 11:30 Chinese Lunch-CR OUTING DAY! -Meet In Lobby 1:00 Fall Limo Excursion -Sign Up</p> 	<p>15 Ashton Sweatshirt Day! 8:00-10:00 –Local Shopping! Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 2:00 Afternoon Music with New Reflections-1F</p>	<p>16</p> <p>10:00 Exercise Video -Coffee Bar Area Channel 94 by RSA 10:15 Church Service with Dr. Jasper-RL 2:30 Afternoon Bingo-CR (With PCA)</p>
<p>17</p> <p>10:00 Exercise Class Video -Coffee Bar Area or Channel 94 by RSA</p> <p>1:00 Football Social Bills vs. Kansas-RL (On CBS) (with PCA)</p> 	<p>18</p> <p>Exercise Class –RL 10:00 A & B Wing 10:30 C & D Wing 11:00 National Fast Food Day Outing To McDonalds 2:00 Balloon Pop-RL 2:30 Outburst Trivia Fun!-CB</p> 	<p>19</p> <p>Exercise Class –RL 10:00 A & B Wing 10:30 C & D Wing 1:00 Library Book Exchange-CB 2:00 Bingo-CR 3:00 5 Crowns Card Game-CR</p>	<p>20</p> <p>7:30-8:30 Waffle Wednesday!-DR Exercise Class –RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Racko Game-2F Table 1:00 Volleyball-RL 2:00 National Gingerbread Day-CR</p> 	<p>21</p> <p>Exercise Class –RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Chef Thyme-CR OUTING DAY! -Meet In Lobby 1:00 Wal-Mart Shopping Trip -Sign Up!</p> 	<p>22</p> <p>8:00-10:00 –Local Shopping! 9:00-3:00 Give & Take Day! Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 2:00 Afternoon Music With Kim and Time-1F</p> 	<p>23</p> <p>10:00 Exercise Video -Coffee Bar Area Channel 94 by RSA 10:15 Church Service with Dr. Jasper-RL 2:00 Saturday Matinee-RL</p>
<p>24</p> <p>10:00 Exercise Class Video -Coffee Bar Area or Channel 94 by RSA 2:30 Afternoon Game Time-CR Pokeno Fun!</p>	<p>25</p> <p>Exercise Class –RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Rummikub-CR or 2F Table 1:30 Monthly Resident Meeting-DR 2:00 Enriched Resident Mtg.-DR 2:30 November Birthday Party-RL</p> 	<p>26</p> <p>Exercise Class –RL 10:00 A & B Wing 10:30 C & D Wing 11:00 UNO Card Game-CR 2:00 Bingo-CR 3:00 5 Crowns Card Game-CR</p>	<p>27</p> <p>9:00 Blood Pressure Checks –CB By Finger Lakes Ambulance Exercise Class –RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Skip Bo-2F Table 1:00 Kickball-RL 2:00 Thanksgiving Thoughts-RL History, Game, Trivia, Fun!</p>	<p>28</p>  <p>9:00 Macy’s Thanksgiving Day Parade on NBC-RL or your TV. 10:00 Exercise Video-Ch94 5:00 Wine and Cheese Social-CB</p>	<p>29</p> <p>8:00-10:00 –Local Shopping! Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 2:00 Afternoon Music With Joe Miltisch-1F</p>	<p>30</p> <p>10:00 Exercise Video -Coffee Bar Area Channel 94 by RSA 10:15 Church Service with Dr. Jasper-RL 2:30 Tea Time Cart-CB (with PCA)</p>