













Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Happy Birthday To... 3rd-Sallie Windsor 7th-Barb T. 19th-Sharon G. 21st-Joe Y. 28th-Dorothy S. 28th-Ruth D. Joanne Y.-29th</p> 	<p><i>Location Key:</i> RL-Resident Lounge CR-Craft Room CB-Coffee Bar 1CA-1st Floor Core Area 2CA-2nd Floor Core Area DR-Dining Room DP-Dining Room Patio PDR-Private Dining Room</p>		<p><i>Activities Done By</i> <i>Activities Coordinator</i> <i>Ashton Place Staff</i> <i>PCA-Personal Care Aid or</i> <i>RSA-Resident Service Assistant</i></p> <p><i>Activities Director-Amy Donk</i> 315-462-7058</p>			<p>1 10:00 Exercise Video Coffee Bar Area Channel 94 by RSA 10:15 Church Service with Dr. Jasper 2:00 Saturday Matinee-RL</p>
<p>2 10:00 Exercise Class Video -RL or Channel 94 -by RSA 2:30 National Heavenly Hash Day-CB -By PCA</p>	<p>3 Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Family Dollar Shopping Trip! 2:00 February Birthday Celebration with Music by Standard Time Duo-ICA</p> 	<p>4 Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Sorry Game-2CA 1:00 Library Book Exchange-CB 1:00 Hot Cocoa Social-CB 2:00 Bingo-CR 3:00 5 Crowns Card Game-CR</p>	<p>5 9:00 Blood Pressure Check-CB Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 10:30 C & D Wing 11:00 Valentine Craft-CR 1:00 Ice Cream Sundaes-ICA 2:00 Bowling League-RL</p> 	<p>6 Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Valentine Craft-CR 1:00 Ice Cream Sundaes-ICA</p> <p>OUTING DAY! -Sign up & Meet In Lobby 2:00 Winter Limo Excursion!</p>	<p>7 8:00-10:00 -Local Shopping! 9:00 Catholic Mass w/Father Amato-RL Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing</p>  <p>2:00 Afternoon Country Music With High Country-ICA 3:00 National Bubble Gum Day</p>	<p>8 9:30-Outing with Amy-Sign Up! 10:00 Exercise Video -Coffee Bar Area Channel 94 by RSA 10:15 Church Service with Dr. Jasper-RL 2:00 Kickball-RL 2:30 Tea Time Cart w/Amy-CB</p>
<p>9 10:00 Exercise Class Video -RL or Channel 94 -by RSA 2:00 Superbowl Sunday-RL 6:00 Superbowl LIX-RL</p> 	<p>10 Exercise Class -RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Rummikub-2CA Table 1:00 Peddle Power Fitness-RL 2:00 Parkinson's Education & Review of Resources-RL With from the Parkinson's Foundation</p>	<p>11 Exercise Class -RL 10:00 A & B Wing 10:30 C & D Wing 11:00 UNO Card Game-CR 2:00 Bingo-CR 3:00 5 Crowns Card Game-CR</p> 	<p>12 7:30-8:30 Waffle Wednesday!-DR Exercise Class -RL 10:00 A & B Wing 10:30 C & D Wing 10:30 C & D Wing 11:00 SkipBo-2CA Table 1:00 Kickball-CR 2:00 Bowling League-RL</p>	<p>13 Exercise Class -RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Game Time!-CR 1:00 Ice Cream Sundaes-ICA</p> <p>OUTING DAY! -Sign Up & Meet In Lobby 11:00 Warfield's Lunch Outing! 1:30 Kohl's Shopping Trip!</p>	<p>14 8:00-10:00 -Local Shopping! Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 1:00 Afternoon Music with Steve West-ICA 2:00 Valentine Happy Hour-1F</p> 	<p>15 10:00 Exercise Video -Coffee Bar Area Channel 94 by RSA 10:15 Church Service with Dr. Jasper-RL 2:00 Saturday Matinee-RL</p>
<p>16 10:00 Exercise Class Video -RL or Channel 94 by RSA 2:30 National Drink Wine Day Social-CB -By PCA</p>	<p>17 Exercise Class -RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Sequence-2CA Table 1:30 Monthly Resident Meeting-DR 2:00 Enriched Resident Mtg.-DR 2:30 Ax Throwing Fun!-RL</p>	<p>18 Exercise Class -RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Sorry Game-2CA 1:00 Library Book Exchange-CB 1:00 Hot Cocoa Social-CB 2:00 Bingo-CR 3:00 5 Crowns Card Game-CR</p> 	<p>19 9:00 Blood Pressure Check-CB Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 10:30 C & D Wing 11:00 Racko-2CA Table 1:00 Volleyball-RL 2:00 Bowling League-RL</p>	<p>20 Exercise Class -RL 10:00 A & B Wing 10:30 C & D Wing 11:30 Chinese Lunch-CR</p> <p>OUTING DAY! -Sign Up & Meet In Lobby 1:00 Wal-Mart Shopping</p>	<p>21 8:00-10:00 -Local Shopping! 9:00 Give and Take Table-ICA Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 11:30 Hot Dog Bar Lunch-DR 2:00 Afternoon Music With Kim and Tim-ICA 3:00 National Margarita Day-CB</p> 	<p>22 10:00 Exercise Video -Coffee Bar Area Channel 94 by RSA 10:15 Church Service with Dr. Jasper-RL 2:30 Tea Time Cart w/PCA-CB</p>
<p>23 10:00 Exercise Class Video -RL or Channel 94 by RSA 2:30 Volleyball with PCA-RL</p>	<p>24 Exercise Class -RL 10:00 A & B Wing 10:30 C & D Wing 11:00 Rummikub-CR or 2CA Table 1:00 Peddle Power Fitness-RL 2:00 Game Board Presenter-ICA</p>	<p>25 Exercise Class -RL 10:00 A & B Wing 10:30 C & D Wing 11:00 UNO Card Game-CR 2:00 Bingo-CR 3:00 5 Crowns Card Game-CR</p>	<p>26 Exercise Class -RL 10:00 A & B Wing 10:30 C & D Wing 11:00 SkipBo-2CA Table 1:00 Kickball-CR 2:00 Bowling League-RL</p>	<p>27 Exercise Class -RL 10:00 A & B Wing 10:30 C & D Wing</p> <p>OUTING DAY! -Sign Up & Meet In Lobby 2:00 Winter limo Excursion!</p>	<p>28 8:00-10:00 -Local Shopping! Exercise Class-RL 10:00 A & B Wing 10:30 C & D Wing 2:00 Afternoon Music With Mike Burrell-ICA</p>	<p><i>Activities Done By</i> <i>Activities</i> <i>Coordinator, Ashton Place Staff,</i> <i>PCA-Personal Care Aid or</i> <i>RSA-Resident Service Assistant</i></p> <p><i>Activities Director-Amy Donk</i> 315-462-7058</p>