
















Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Happy Birthday To...</b> 1st-Sean B. 23rd-Mike F. 27th-Billie T. 29th-Bob S. 		<i>Location Key:</i> RL-Resident Lounge CR-Craft Room CB-Coffee Bar 1CA-1st Floor Core Area 2CA-2nd Floor Core Area DR-Dining Room		<i>Activities Done By</i> Activities Coordinator Ashton Place Staff PCA-Personal Care Aid or RSA- Resident Service Assistant		<b>1</b> 10:00 Exercise Video -Coffee Bar Area Channel 94 by RSA 2:30 National Peanut Butter Day-CB
<b>2</b> 10:00 Exercise Class Video -RL or Channel 94 -by RSA 2:00 Game Time Fun-CR	<b>3</b> Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Family Dollar Shopping Trip! 1:00 National Nutrition Month-RL 2:00 National 33 Flavors Day-CB 2:30 Reminisc About You-RL 	<b>4</b> Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Sorry Game-2CA 1:00 Library Book Exchange-CB 1:00 Hot Cocoa Social-CB 2:00 Bingo-CR 3:00 5 Crowns Card Game-CR	<b>5</b> 7:15 Ash Wednesday Service Outing-Sign Up! 9:00 <i>Blood Pressure Check-CB</i> Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Racko-2CA Table 1:00 Volleyball-RL 2:00 Bowling League-RL 	<b>6</b> Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise OUTING DAY! 11:00 Amy's Pick For Lunch! 2:00 Del Lago Casino Trip!	<b>7</b> 8:00-10:00 -Local Shopping! 9:00 Catholic Mass w/Father Amato-RL Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise 2:00 Women's History Month Musical Presentation w/Geoff-1CA 	<b>8</b> 10:00 Exercise Video -Coffee Bar Area Channel 94 by RSA 1:00 Sit n Knit-CB 2:00 Saturday Music Show-RL
<b>9</b> 10:00 Exercise Class Video -RL or Channel 94 -by RSA 2:30 Bingo with PCA-CR	<b>10</b> Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Rummikub-2CA Table 1:00 Peddle Power Fitness-RL 1:30 Shamrock Shakes-CB 2:00 St. Patrick's Candy Making-CR 2:30 Ax Throwing-RL 	<b>11</b> Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 UNO Card Game-CR 2:00 Bingo-CR 3:00 5 Crowns Card Game-CR	<b>12</b> 7:30-8:30 <i>Waffle Wednesday!-DR</i> Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 SkipBo-2CA Table 1:00 Kickball-CR 2:00 Bowling League-RL	<b>13</b> Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise OUTING DAY! -Sign Up & Meet In Lobby 1:00 Limo Excursion	<b>14</b> 8:00-10:00 -Local Shopping! Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise 2:00 Afternoon Music with Tom Dunn-1CA 7:00 Irish Dancers-1CA 	<b>15</b> 10:00 Exercise Video -Coffee Bar Area Channel 94 by RSA 2:30 Maple Syrup Sundae Social-CB
<b>16</b> 10:00 Exercise Class Video -RL or Channel 94 by RSA 2:00 Game Time Fun-CR "Blank Slate with Sean"	<b>17</b> Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Outburst-RL 2:00 St. Patrick's Day Social-RL 	<b>18</b> Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Sorry Game-2CA 1:00 Library Book Exchange-CB 1:00 Hot Cocoa Social-CB 2:00 Bingo-CR 3:00 5 Crowns Card Game-CR	<b>19</b> 9:00 <i>Blood Pressure Check-CB</i> Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Racko-2CA Table 1:00 Volleyball-RL 2:00 Bowling League-RL 	<b>20</b> Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:30 Taco Bar Lunch-DR OUTING DAY! -Sign Up & Meet In Lobby 1:00 Wegmans/Marshall's Shopping Trip! 	<b>21</b> 8:00-10:00 -Local Shopping! Exercise Class-RL 10:10:00 Moderate Exercise 10:30 Advanced Exercise 2:00 Afternoon Piano Music With John Vona-1CA	<b>22</b> 10:00 Exercise Video -Coffee Bar Area Channel 94 by RSA 1:00 Sit n Knit-CB 2:30 Saturday Music Show-RL
<b>23</b> 10:00 Exercise Class Video -RL or Channel 94 by RSA 2:30 Volleyball-RL <b>30</b> 10:00 Exercise Class Video -RL or Channel 94 by RSA 2:00 Game Time Fun-CR	<b>24</b> Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Rummikub-2CA 1:00 Peddle Power-RL 2:00 Spring Garden Tea-RL 31 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 1:00 Balloon Pop-RL 1:30 Monthly Resident Meeting-DR 2:00 Enriched Resident Mtg.-DR 2:30 March Birthday Party-RL "Featuring Lawrence Welk" 	<b>25</b> Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 UNO Card Game-CR 2:00 Bingo-CR 3:00 5 Crowns Card Game-CR	<b>26</b> Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 SkipBo-2CA Table 1:00 Kickball-CR 2:00 TBD 	<b>27</b> Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise OUTING DAY! -Sign Up & Meet In Lobby 1:00 Limo Excursion!	<b>28</b> 8:00-10:00 -Local Shopping! Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Chef Thyme-CR 2:00 Afternoon Music With New Reflections-1CA 	<b>29</b> 10:00 Exercise Video -Coffee Bar Area Channel 94 by RSA 2:30 Snack Shack Social-CB 