

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 Exercise Class Video -CB or Channel 94 -by RSA 2:00 Game Time Fun-CR Blank Slate With Sean	2 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Family Dollar Shopping -Sign Up 11:00 Rummikub-2CA 1:00 Hall Walk-Lobby 1:30 National Heavenly Hash Day-CB 2:00 Bowling Competition-RL	3 9:00 Church Service with Brian-RL Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Sequence-2CA Table 12:45 Library Book Exchange-CB 1:00 Book Club with Donna-PDR 2:00 Bingo-Dining Room 3:00 5 Crowns Card Game-CR	4 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Racko-CR 1:00 Volleyball-RL 2:00 Betty Crocker Hour Pizzelle Making-CR 2:30 Are You Smart Game-CR	5 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Kickball-RL OUTING DAY! 1:00 Limo Excursion-Sign Up! 3:00 Silver Sneakers Fitness-RL	6 8:00-10:00-Local Shopping! 9:00 Catholic Mass with Father Amato-RL Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise 2:00 Afternoon Piano Music with JOHN VONBA-2CA	7 9:15 Exercise Video Coffee Bar Area or Channel 94 by RSA 10:00 Bible Study with Sally & Dot-CR 2:30 Snack Shack Cart -CB (with PCA)
8 10:00 Exercise Class Video -CB or Channel 94 -by RSA 2:00 Game Time Fun-CR Blank Slate With Sean 6:00 Superbowl LX/60-RL	9 Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Rummikub-2CA 1:00 Peddle Power-RL 2:00 Bowling Competition-RL	10 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Kickball-RL 2:00 Bingo-Dining Room 3:00 5 Crowns Card Game-CR	11 7:30-8:30 Waffle Wednesday-DR Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Skipbo-2CA Table 1:00 Volleyball-RL 2:00 Valentine Social!-CR	12 9:00 Blood Pressure Check-CB Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise OUTING DAY! 11:00 Ciccino's Lunch Outing(\$\$\$) 2:00 Finger Lakes Casino (\$\$\$) 3:00 Silver Sneakers Fitness-RL	13 8:00-10:00-Local Shopping! Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise 12:00 Valentine Cheesecake Bar-ICA 2:00 Afternoon Music with STANDARD TIME DUO-ICA	14 9:15 Exercise Video Coffee Bar Area or Channel 94 by RSA 10:00 Bible Study with Sally & Dot-CR 2:00 Valentine Movie-RL "Roman Holiday"
15 10:00 Exercise Class Video -CB or Channel 94-by RSA 2:00 Game Time Fun-CR Blank Slate With Sean	16 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Rummikub-2CA 1:00 Hall Walk-Lobby 2:00 Bowling Competition-RL	17 7:30-8:30 FAT TUESDAY PANCAK BAR-DR 9:00 Church Service with Brian-RL Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Sequence-2CA 1:00 Library Book Exchange-CB 2:00 Bingo-Dining Room 3:00 5 Crowns Card Game-CR	18 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Racko-2CA Table 11:30 Chinese Lunch-CR (\$\$\$) Sign Up! 1:00 Volleyball-CR 2:00 Chinese New Year Social-CR	19 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Kickball-RL OUTING DAY! 1:00 Wal-Mart Shopping! (\$\$\$) 3:00 Silver Sneakers Fitness-RL	20 8:00-10:00-Local Shopping! Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:30 Monthly Special Lunch-DR "Pasta" 2:00 Afternoon Music with JOE MILTSCH-1CA	21 9:15 Exercise Video -Coffee Bar Area or Channel 94 by RSA 10:00 Bible Study with Sally & Dot-CR 2:30 Snack Shack Cart -CB (with PCA)
22 10:00 Exercise Class Video -CB or Channel 94 by RSA 2:00 Game Time Fun-CR Blank Slate With Sean	23 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Rummikub-2CA 1:00 Peddle Power-RL-Lobby 1:30 Monthly Resident Meeting-DR 2:00 EHP Resident Meeting-DR 2:00 Bowling Competition-RL 3:00 National Margaritta Day-CB	24 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Kickball-RL 2:00 Bingo-Dining Room 3:00 5 Crowns Card Game-CR	25 Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Skipbo-2CA Table 1:00 Volleyball-CR 2:00 The Hills Are Alive Social Featuring Sound Of Music Fun-RL	26 9:00 Blood Pressure Check-CB Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise OUTING DAY! 11:00 Olive Garden (\$\$\$) 2:00 Explore Our Hometown! 3:00 Silver Sneakers Fitness-RL	27 8:00-10:00-Local Shopping! Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise 2:00 Afternoon Music With 2 YOUNG 2 B OLD-ICA And February Birthday Celebration	28 9:15 Exercise Video -Coffee Bar Area or Channel 94 by RSA 10:00 Bible Study with Sally & Dot-CR 2:30 Volleyball-RLS (with PCA)
	Happy Birthday To... 3rd-Sallie W. 17th-Barb T. 19th-Sharon G. 21st-Joe V. 27th-Martha A. 28th-Dorothy S. 29th-Ruth D. 29th-Joanne Y.		Activities Done By Activities Coordinator Ashton Place Staff PCA-Personal Care Aid or RSA -Resident Service Assistant Activities Director-Amy Donk 315-462-7058		Location Key: RL-Resident Lounge CR-Craft Room CB-Coffee Bar ICA-1st Floor Core Area 2CA-2nd Floor Core Area DR-Dining Room DP-Dining Room Patio PDR-Private Dining Room \$\$\$-Resident Expense	