

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Activities Done By</i> Activities Coordinator Ashton Place Staff PCA-Personal Care Aid or RSA- Resident Service Assistant <i>Activities Director-Amy Donk</i> 315-462-7058		<i>Location Key:</i> RL-Resident Lounge CR-Craft Room CB-Coffee Bar 1CA-1st Floor Core Area 2CA-2nd Floor Core Area DR-Dining Room DP-Dining Room Patio PDR-Private Dining Room FP-Front Porch \$\$\$-Resident Expense		<i>Happy Birthday To...</i> 3rd-Ursulla R. 6th-Sue V. 9th-Maragaret W. 9th-Liz M. 13th-Don Dau 14th-Helen K. 16th-Olivia H. 16th-Nancy C. 18th-Pat G. 26th-SueAnne W.		1 9:15 Exercise Video Coffee Bar Area or Channel 94 by RSA 2:00 Afternoon Matinee-RL
2 10:00 Exercise Class Video -CB or Channel 94 -by RSA 2:00 Game Time Fun-CR Blank Slate With Sean 3:00 Porch Talk & Trivia-FP (With PCA)	3 Exercise Class-RL 10:00 Exercise DVD 10:30 Exercise DVD 11:00 Rummikub-2CA 11:00 Family Dollar Shopping (\$\$\$) 1:00 Summer Walk-Meet In Lobby 1:30 Our Children's Place Visit -Back Patio 2:30 National Watermelon Day!-BP	4 9:00 Church Service with Don-RL Exercise Class -RL 10:00 Exercise DVD 10:30 Exercise DVD 11:00 Pizza Picnic Outing-Sign Up 11:00 Dominoes-CR 1:00 Library Book Exchange- w/Donna-CB 2:00 Bingo-Dining Room 3:00 5 Crowns Card Game-CR	5 Podiatry Day! 9:00 Blood Pressure Check-CB Exercise Class-RL 10:00 Exercise DVD 10:30 Exercise DVD 11:00 Racko-2CA Table 1:00 Volleyball-RL 2:00 Patio Social-BP "Root Beer Floats" 2:30 Cornhole Game-BP	6 Exercise Class-RL 10:00 Exercise DVD 10:30 Exercise DVD 11:00 Kickball-RL 11:30 Summer Walk-Front Porch OUTING DAY! 1:00 Limo Excursion-Sign Up!	7 8:00-10:00-Local Shopping! 9:00 Catholic Mass with Father Amato-RL Exercise Class-RL 10:00 Exercise DVD 10:30 Exercise DVD 2:00 Afternoon Music with	8 9:15 Exercise Video Coffee Bar Area or Channel 94 by RSA 2:30 Snack Shack Cart-CB With PCA
9 10:00 Exercise Class Video -CB or Channel 94-by RSA 11:00 Kickball-RL (With PCA) 2:00 Game Time Fun-CR Blank Slate With Sean	10 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 1:00 Summer Walk-Meet In Lobby 1:30 Our Children's Place Visit -Back Patio	11 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Dominoe's-CR 11:00 Gooney's Lunch Outing(\$\$\$) 1:00 Summer Walk-Front Porch 2:00 Bingo-Dining Room 3:00 5 Crowns Card Game-CR	12 7:30-8:30-Waffle Wednesday Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Racko-2CA Table 1:00 Volleyball-RL 2:00 Patio Social-BP "Orange Floats"	13 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise OUTING DAY! 11:00 Lunch Outing To Fox Run -Sign Up! (\$\$\$) 2:00 Wal-Mart Shopping Trip!(\$\$\$))	14 8:00-10:00-Local Shopping! Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise 2:00 Afternoon Music with Standard Time Duo-Back Patio	15 9:15 Exercise Video -Coffee Bar Area or Channel 94 by RSA 2:00 Afternoon Matinee-RL "The Great Outdoors"
16 10:00 Exercise Class Video -CB or Channel 94 by RSA 2:00 Game Time Fun-CR Blank Slate With Sean 3:00 Porch Talk & Trivia-FP (With PCA)	17 CAMPING Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Rummikub-2CA 1:00 Summer Walk -Meet In Lobby 1:30 Our Children's Place Visit Camp Fun!-Back Patio 2:30 Camp Time Travel To National Parks-RL	18 9:00 Church Service with Brian-RL Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Dominoe's-CR 11:00 Pizza Picnic Outing-Sign Up 1:00 Library Book Exchange w/Donna-CB 1:00 Camp Fishing Fun!-BP 2:00 Bingo-Dining Room 3:00 5 Crowns Card Game-CR	19 ASHTON 9:00 Blood Pressure Check-CB Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Racko-2CA Table 11:30 CAMP CREW LUNCH!-DR Lunch For All!!! 1:00 Staff & Resident Volleyball-BP 2:00 Camp Games!-BP 7:00 Campfire Fun!-BP	20 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Kickball-RL 11:30 Summer Walk-Front Porch OUTING DAY! 1:00 Boating Excursion-Sign Up! On Kevin's Boat!!!	21 WEEK! 8:00-10:00-Local Shopping! Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise 1:00 Camp Cream Sundaes-BP 2:00 Afternoon Music with 2 Young 2 B Old-ICA	9:15 Exercise Video Coffee Bar Area or Channel 94 by RSA 2:30 Snack Shack Cart-CB With PCA
23 10:00 Exercise Class Video -CB or Channel 94-by RSA 11:00 Kickball-RL (With PCA) 2:00 Game Time Fun-CR Blank Slate With Sean 30 10:00 Exercise Class Video -CB or Channel 94 by RSA 2:00 Game Time Fun-CR Blank Slate With Sean 3:00 Porch Talk & Trivia-FP (With PCA)	24 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Rummikub-2CA 1:00 Summer Walk-Meet In Lobby 1:30 Our Children's Place Visit-BP 2:30 Monthly Birthday Party-RL 31 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Rummikub-2CA 1:00 Carnival Day!-BP or FP 2:30 Resident Meeting-DR 3:00 EHP Meeting-DR	25 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Dominoe's-CR 11:00 Gooney's Lunch Outing (\$\$\$) 1:00 Summer Walk-Front Porch 2:00 Bingo-Dining Room 3:00 National Whiskey Sour Day!-CB	26 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Skipbo-2CA Table 1:00 Volleyball-RL 2:00 Patio Social-BP "Mini Splits" 2:30 Cornhole Game-BP 7:00 Mennonite Choir-ICA	27 Exercise Class -RL 10:00 Moderate Exercise 10:30 Advanced Exercise 11:00 Lunch Outing To Skipper's Landing! (\$\$\$) -Sign Up!	28 8:00-10:00-Local Shopping! Exercise Class-RL 10:00 Moderate Exercise 10:30 Advanced Exercise 2:00 Afternoon Music with Michael Burrell-ICA	29 9:15 Exercise Video Coffee Bar Area or Channel 94 by RSA 2:00 Afternoon Matinee-RL