November 2026



Dinner

Please notify us of any food allergies.



ASHTON PLACE
– SENIOR LIVING –

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 **Entrees:** Mediterranean Tomato Baked Scallops New Zealand Lamb Shank w/ Romesco Sauce **Sides:** Baked Potato Sliced Beets Herbed Corn **Dessert:** Turtle Drizzle Cheesecake	**2** Week 3 Entrees Spaghetti or Angel Hair w/ Meatballs Savory Italian Shrimp **Sides:** Italian Bread Herbed Cauliflower Steamed Brussel Sprouts **Dessert:** Apple Pie	**3** **Entrees:** Classic Sloppy Joe Sandwich Shredded Pork w/ Sauerkraut **Sides:** Potato Pancake Creamed Corn Seasoned Green Beans **Dessert:** Gingerbread Pear Upside Down Cake	**4** **Entrees:** Tomato Braised Sicilian Boneless Pork Chop Biscuit Topped Turkey Pot Pie **Sides:** Mashed Potatoes Diced Cantaloupe Lemon Pepper Roasted Zucchini **Dessert:** Hazelnut Crunch Square	**5** **Entrees:** Chicken Wings w/ Ranch or BC Pepperoni Pizza **Sides:** Shrimp Macaroni Salad Apple Slices w/ Peanut Butter Seasoned Carrot Coins **Dessert:** Texas Turtle Sheet Cake	**6** **Entrees:** Savory Baked Cod Stuffed Cabbage **Sides:** Lemon Parsley Red Potatoes Classic Ashton Coleslaw Steamed Petite Peas **Dessert:** Strawberry Crisp	**7** **Entrees:** BBQ Salmon Apple Cider Boneless Country Pork Ribs **Sides:** Cavatappi Pasta w/ White Cheddar Pickled Beets Steamed Wax Beans **Dessert:** Boston Cream Pie
8 **Entrees:** Orange Pineapple Glazed Ham Baked Spiced Boneless Chicken Thighs **Sides:** Au Gratin Potatoes Oven Fried Cabbage w/ Onion & Glaze Steamed Broccoli **Dessert:** Carrot Cake	**9** Week 4 Entrees Chicken Fajita Nachos Boneless Country Style BBQ Beef Short Ribs **Sides:** Mashed Sweet Potato Steamed Peas & Pearl Onions 3 Bean Salad **Dessert:** Peach Pie	**10** **Entrees:** Kielbasa w/ Dijon Sauce on the Side Crispy Chicken Sandwich w/ Lettuce & Tomato **Sides:** Hot Bacon Potato Salad Scalloped Corn Winter Fruit Salad **Dessert:** Black Forest Poke Cake	**11** **Entrees:** Sweet & Sour Pork Tenderloin Walnut Crusted Ginger Salmon **Sides:** Fried Rice Veggie Plate Broccoli w/ Garlic Sauce **Dessert:** Creme Brulee Cheesecake	**12** **Entrees:** Baked Honey Mustard Chicken Breast Copycat "Big Mac" **Sides:** French Fries Carrot Raisin Salad Steamed Cauliflower **Dessert:** Maple Pecan Pound Cake	**13** **Entrees:** Beer Battered Haddock Chicken Carbonara w/ Bacon & Peas **Sides:** Blueberry Cornbread Muffin Mandarin Orange Corn Slaw Seasoned Green Beans **Dessert:** Pumpkin Pie Crumb Bars	**14** **Entrees:** Beef Tips over Noodles Shredded Pork w/ Gravy **Sides:** Mashed Potatoes Steamed Asparagus Summer Squash Blend **Dessert:** Lemon Wild Blueberry Cake
15 **Entrees:** Shrimp Scampi over Angel Hair Pasta Stuffed Shells **Sides:** Whole Wheat Garlic Parm Breadstick Herbed Spinach Roasted Vegetables w/ Pecan Crumble **Dessert:** Tiramisu Cake	**16** Week 1 Entrees Vegetable Quiche Loaded Baked Potato w/ Bacon & Cheddar **Sides:** Fannie Farmer Honey Muffin Steamed Carrot Coins Seasoned Wax Beans **Dessert:** Pecan Pie	**17** **Entrees:** Stuffed Pepper w/ Ground Beef & Rice Baked Ziti **Sides:** Italian Bread Steamed Cauliflower Orange-Kissed Brussel Sprouts **Dessert:** Raisin Bread Pudding	**18** **Entrees:** BBQ Pork Ribs Turkey Noodle Casserole **Sides:** Baked Potato Wedges Apple Slices w/ Caramel Cream Cheese Dip Buttered Whole Kernel Corn **Dessert:** Angel Food Cake w/ Strawberry Topping & Chocolate Drizzle	**19** **Entrees:** Salisbury Steak w/ Onion Gravy Hush Puppy Shrimp **Sides:** Candied Yams Stewed Zucchini w/ Tomatoes & Garlic Seasoned Broccoli **Dessert:** Molasses Pound Cake	**20** **Entrees:** Balsamic Glazed Cod Filet Chicken Thigh Cacciatore **Sides:** Angel Hair Pasta w/ Marinara Acorn Squash Italian Petite Peas **Dessert:** Apple Crisp	**21** **Entrees:** "Million Dollar" Beef Tenderloin Creamy Mayo Dill Salmon **Sides:** Sauterne Rice Roasted Buttered Parsnips Marinated Mushrooms **Dessert:** Lemon Dessert Bar
22 **Entrees:** Pot Roast w/ Homestyle Gravy BBQ Pineapple Chicken Breast **Sides:** Mashed Potatoes Steamed Green Beans Diced Cantaloupe **Dessert:** Chocolate Pistachio Torte	**23** Week 2 Entrees Shrimp Alfredo over Fettucine Lasagna w/ Ground Beef **Sides:** Whole Wheat Garlic Parmesan Breadstick Steamed Peas & Pearl Onions Seasoned Cauliflower **Dessert:** Blueberry Pie	**24** **Entrees:** Scalloped Potatoes & Ham Chicken & Broccoli Divan **Sides:** Vegetable Rice Pilaf Braised Red Cabbage Steamed Wax Beans **Dessert:** Maple Butter Bars	**25** **Entrees:** Chicken Breast Kiev Glazed Baked Meatloaf **Sides:** Swiss Cheese Mashed Potatoes Allerton Salad Steamed Broccoli **Dessert:** Mini Eclairs	**26** Happy Thanks Giving **Served from 11:30am--1:00pm** **See Special Holiday Menu!**	**27** **Entrees:** Fried Breaded Haddock Western Quiche **Sides:** Oven Fried Potatoes & Onions The "Colonel's" Coleslaw Seasoned Asparagus **Dessert:** Double Chocolate Banana Bread	**28** **Entrees:** Sliced Turkey w/ Gravy & Cranberry Sauce Flat Iron Steak Diane **Sides:** Country Stuffing Roasted Diced Butternut Squash Green Bean Casserole **Dessert:** Pumpkin Pie
29 **Entrees:** Mediterranean Tomato Baked Scallops New Zealand Lamb Shank w/ Romesco Sauce **Sides:** Baked Potato Sliced Beets Herbed Corn **Dessert:** Turtle Drizzle Cheesecake	**30** Week 3 Entrees Spaghetti or Angel Hair w/ Meatballs Savory Italian Shrimp **Sides:** Italian Bread Herbed Cauliflower Steamed Brussel Sprouts **Dessert:** Apple Pie	**1**	**2** **Fall/Winter 2026 Week 1 Alternates:** Marinated Caribbean Chicken Breast Angus Burger on a Bun Baked Potato Peaches Grapes Cottage Cheese SF Chocolate Pudding	**3** **Fall/Winter 2026 Week 2 Alternates:** Oven Baked Tilapia Bacon Ranch Chicken Salad on a Croissant Baked Sweet Potato Pears Grapes Cottage Cheese SF Red Jello	**4** **Fall/Winter 2026 Week 3 Alternates:** Marinated Balsamic Basil Chicken Breast Hot Dog on a Bun Baked Potato Mandarin Oranges Grapes Cottage Cheese SF Vanilla Pudding	**5** **Fall/Winter 2026 Week 4 Alternates:** Herbed Tilapia Ham Salad w/ Relish on a Croissant Baked Sweet Potato Applesauce Grapes Cottage Cheese SF Butterscotch Pudding